

Hudson Youth Substance Abuse Prevention Coalition

September 7, 2016, 6pm

Hudson Town Hall Conference Room B

**Members in attendance:**

Erin Holmes

Jessica Healy

Kathy Leonard

Alex DePalo

Steve Zepf

Cindy Murphy

Kristine Hutchinson

Cynthia Janeiro-Ehlke

1. 5K walk/run event
   1. Hudson Athletic Director to help promote the event (runners and volunteers)
   2. Patriot Ambulance will donate a truck for 2 hours and will do Narcan training onsite
   3. Police will be donated
   4. Avidia Bank to incentivize employees for signing up
   5. High school will donate clock
   6. Will try to put 5K information on the sign outside of town hall
   7. We need runners/walkers
   8. Jess to write press release-Kathy to submit to media
   9. Jess to contact Dakota for HUD TV
   10. Will attempt to get the race announcement as part of the high school round-robin
   11. Flyers will be distributed to local gyms
   12. T-shirts will be white with red logo and sponsors on the back: order deadline for shirts will be September 15th
   13. Medals will be made for women’s 1st 2nd and 3rd ; men’s 1st, 2nd and 3rd, and kids’ 1st 2nd and 3rd. Participation ribbons to be handed out to youth
   14. Water station in the park in between St. Luke’s and the Library
   15. Volunteers
       1. Sign up sheet was handed out; anyone willing to volunteer should contact Jess at [jhealy@townofhudson.org](mailto:jhealy@townofhudson.org)
       2. Reviewed different volunteer needs
          1. Specifically need runner encouragement, water station, and the start/finish line
       3. Next run committee meeting 9/21 at 5pm at Hudson town hall auditorium
       4. Volunteer meeting: 9/27 @6pm in the town hall auditorium
   16. Food and coffee set ups are responsible for their own permits
   17. Tables will not be provided
   18. Donations are still needed
       1. Will check Market Basket on the status of the donation request
   19. Alex to email politicians regarding the race
2. SAPC/MOAPC
   1. Jess gave overview of the Massachusetts Opioid Abuse Prevention Collaborative grant (MOAPC) awarded to Framingham.
      1. Grant will focus on opioid prevention before it starts and overdose prevention
      2. Hudson is part of this regional grant.
   2. Jess gave an update on the Substance Abuse Prevention Collaborative grant
      1. Strategies to combat underage drinking
         1. Build connections between adults and youth
         2. Build upon policies to prevent youth access to alcohol
         3. Volunteers requested to work on these committees
3. Hidden in Plain Sight
   1. Interactive exhibit staged as a teen bedroom to be held at the high school on Back to School night on 9/15 from 5-9
   2. Will have 5 volunteers walking parents/guardians through the exhibit (Kathy Leonard, Erin Holmes, Cynthia Janiero-Ehlke, Kathy Ekdahl and Cindy Murphy and 2 at the resource table outside of the mini theater (Jessica Healy and Kristine Hutchinson)
   3. Jess emailed the supply list to the coalition for feedback on other items to include in the exhibit
4. Next meeting: October 12, 2016, 6-8pm in the Hudson Town Hall’s auditorium